THE TOUNTAIN

OFFICIAL PUBLICATION OF ROTARY CLUB OF CEBU FUENTE DISTRICT 3860 **CHARTERED OCTOBER 29, 1982 CLUB # 17104**

VOLUME: 40, NO.: 16 DATE: DECEMBER 6, 2021









SHEKAR METHA
Rotary International President



ANNA LOUISA A. BUMAGAT District Governor



CAROLINE L. ANDRADE
District Secretary



MICHAEL TORRES
Assistant Governor, Area 1D

Cebu Fuente Rotary Club



Officers and Directors RY 2021 - 2022



ATTY. BERNARDINO T. AMAGO IV
President



POULY JANG Vice-President / President-Elect



JOSE MARIE PONCE Secretary / President Nominee



ARCH. MANUEL L. TORRES, JR.
Treasurer



PATRICK L. YARED Auditor



EMMANUEL P. TESALONA
The Rotary Foundation Chairman



STEPHEN HENRY UY
Club Administration Director



MARICEL BORROMEO-AMORES Membership Director



JASON GO KIANG KEE ONG Community Service Director



MARINA ENRIQUEZ- KAUFMANN Vocational Service Director



ATTY. LOLITA M. LOMANTA Youth Service Director



JOSE ALFONSO C. ABAD International Service Director



KRISTOFFER A. LLEGUNAS Public Image Director & CICO



DAVE JOHN B. KARAMIHAN Protocol Officer



ENGR. JESSELITO V. BARING Sergeant at Arms

ADVISERS



PDG JOSEPH MICHAEL P. ESPINA



PDG MARY ANNE A. SOLOMON



PP RICHARD G. BARBA



PP CONRADO M. ABARINTOS



PP MARIA CELINA B. AMORES



PP MA. CONSOLACION A. PASION

16th General Membership Meeting

Virtual Meeting | December 6, 2021

Area of Focus: Disease Prevention and **Treatment Month**



Vol. 40, No. 16

Programme

Call to Order	Pres. Bernardino Amago IV			
Invocation	Audio Visual Presentation			
Philippine Anthem	Audio Visual Presentation			
The Rotary Hymn	Audio Visual Presentation			
Four Way Test and Objects of Rotary	Audio Visual Presentation			
Introduction of Rotarians / Spouses				
Visiting Rotarians/Rotaractors/Guest				

Business Matters

PART 3

Secretary's Report	Sec. Jomar Ponce
Treasurer's Report	Treas. Jun Torres
Director's Report	
President's Time	Pres. Bernardino Amago IV
Other matters	
Adjournment	Pres. Bernardino Amago IV

...Fellowship Continues...



Hosted by: DR. ALAIN SENERPIDA Past President

INVOCATION

May the spirit of Christmas that is Peace, the beauty of Christmas that is Hope, and the blessing of Christmas that is Joy, be ours in abundance this Christmas, and every Christmas to come Amen.



Quote for the Week

"Let us keep Christmas beautiful without a thought of greed." - Ann Garnett Schultz



President's elessage















Happy Holidays!

Christmas is already around the corner and we can almost taste the sumptuous feast made special by family gathering and gift giving. So let us devote this meeting tonight to prepare for our hybrid Christmas Party so it will be meaningful and memorable.

On another note, December commemorates the Disease Prevention and Treatment as an Area of Focus for Rotary. We have conducted several projects on this area considering our advocacy for Autism and Breast Cancer Awareness. Further, our daily struggle with the COVID-19 virus is a constant reminded to us all about the need to prioritize health and prevent the onset of any disease. Hence, let us continue to stay vigilant and religiously comply with the mandated health protocols.

Thanks and kind regards,

ATTY. BERNARDINO T. AMAGO IV President, RY 2021 - 2022





From Secretary's Desk

JOSE MARIE PONCE Secretary, RY 2021 - 2022

Attendance

ROTARY ID#	LAST NAME	FIRST NAME	13th 11/08	14th 11/15	15th 11/22	16th 12/06	Perfect Attendance
6726464	Abad	Jose Alfonso	√		1		
6581939	Abarintos	Conrado					
8794289	Abay-Abay	Emman Reyan	✓		1		
9330462	Amago IV	Atty. Bernardino	✓	✓	✓		
6218949	Amores	Maricel	✓	✓	✓		
11227470	Amores	Atty. Ernesto Miguel	✓	✓	✓		
3362897	Barba	Richard	1				
6207695	Baring	Engr. Jesselito	1	1			
1166426	~	Emmanuel			100		
10954392	Deiparine	Atty. Sydrick Jose Andrei	1				
11227514	Elendrino	Glenford		1	1		
2036342	Espina	Arch. Joseph Michael		1	1		
8944393	Jang	Pouly					
3516557	Karamihan	Dave John	1	1	1		
8599266	Kaufmann	Marina	e (6 (E)				
9804883	Llegunas	Kristoffer	· 🗸	- 1	1		
8794288	Lomanta	Atty. Lolita	- v	1	1		
10709899	Ong	Jason	· /	1	1		
6726443	Pasion	Ma. Consolacion	- V	- V	1		
10410040	10000	Jose Marie	· /	- 1	1		
6581937	Ramos	Geraldine	2 12 121				
8599268		Ma. Dolores					
5476140	San Pedro	Luz Filipinas					
11103868	Spaller	Herminia					
8794286	Senerpida	Dr. Alain	✓	√	✓		
3264107	Solomon	Mary Anne	✓	✓	✓		
8543450	Sulay	Kendrick		1			
9330558	Tesalona	Emmanuel	1	1	1		
11227493	Torres	Alfie	✓	1	1		
5176670	Torres	Arch. Manuel, Jr.	✓	1	1		
10713855	Uy	Stephen Henry	√	1	√		
10410033	Yared	Patrick	✓	1	1		
<u> </u>		TOTAL ATTENDEES IN ZOOM	28	25	23		
T T	DIDTHINAVC		v	MEDDIN	C A NINITY	EDCADII	T.C.

BIRTHDAYS

December 02 Jason Ong December 06 Sps. Yeni Deipaine December 08 Emman Abay-abay Atty. Bernz Amago December 09 December 11 PP Julio Gonzalez

Kristoffer Llegunas December 12 December 14 Maricel Amores December 21 Nanette Calalang December 31 Emmie Tesalona

WEDDING ANNIVERSARIES

December 15 PDG Me'anne & Tito Solomon December 26 Janice & Jason Ong December 27 Ken & Ninna Sulay

Pearle and Fristz Strolz December 31





GREETINGS, DEAR CHANGEMAKERS OF ROTARY,

ublic health is on everyone's mind due to the global pandemic that still threatens the safety of ourselves and our loved ones. In a sense, COVID-19 has made all of us much more aware of the roles and responsibilities of medical professionals than we were before we had to wear masks and maintain social distance. In addition, while moving through this pandemic, we have also learned about the role we can play in keeping others safe.

December is Disease Prevention and Treatment Month in Rotary. The pandemic unfortunately has schooled most people on the toll that disease takes on our communities. But fighting disease is something that Rotarians around the world have been doing for decades. In fact, it is one of Rotary's seven areas of focus.

As Rotarians, we believe that good health and wellbeing is a human right — even though 400 million people across the globe do not have access to essential health services. The work we do in establishing clinics, eye hospitals, and blood banks, as well as in building infrastructure for medical facilities in underserved communities, all returns to a central belief that access, prevention, and education are the keys to stopping deadly outbreaks that harm the most vulnerable.

My exposure to health work began with my Rotary club, Calcutta-Mahanagar. There, among other things, I helped pioneer a program called Saving Little Hearts that over the years has provided more than 2,500 free heart surgeries for children from India, Pakistan, Bangladesh, Nepal, and Africa. Before the program went international, it started locally with the goal of performing just six surgeries within our community. Today, our goal is to complete another 20,000 surgeries over the next five years.

The world relies on Rotary to tackle challenges like these and to set an example for others. Over the past decade, medical professionals and government workers have provided free health services to 2.5 million people in 10 countries during Family Health Days, which are organized by Rotarians around the world. Similar health camps in India also provide thousands of surgeries to those in need. Medical missions from India to Africa each year are an excellent example of hands-on service in disease prevention and treatment. Rotary members can also get involved at a local level; clubs in the United States and Mexico, for example, fund a free health clinic in Guerrero, a small town in Mexico.

And of course, our effort to eradicate polio is by far the best story in civil-society health care.

This month, think about how your club can focus on preventing and fighting disease. This is the time to take a bigger, better, bolder approach through both club and district projects that can impact more people. Reevaluate where you are with your goals. Create strategies that can sustain change over years, not months.

Everyone deserves a long, healthy life. When you Serve to Change Lives, your actions today can help extend the lives of others.

Shelihar helia

President, Rotary International



TRUSTEE CHAIR'S MESSAGE

Together, we can reach our goals

December marks a special time of year. It's a time of holiday gatherings and family reunions (COVID-19 permitting). It's also the halfway point of the Rotary year, when we look back on our goals, reflecting on the what and the why of our work.

First, the what. This year, to stay on course to reach our goal, we need to raise \$50 million for PolioPlus, with a 2-to-1 match by the Bill & Melinda Gates Foundation bringing the total to \$150 million. To keep our Rotary Foundation programs running strong, we set a goal to raise \$125 million for the Annual Fund. We also aim to raise \$95 million for the Endowment Fund in outright gifts and new commitments, and a further \$40 million for other outright gifts.

So how do we reach our grand total of \$410 million? We must remember that in all great endeavors, including Rotary, we are part of a TEAM: Together, Everyone Achieves More.

You can't have a great team without great PEOPLE. P stands for pride in our organization, our achievements, and our potential. E is our empathy for others, which we transform into service. O has two parts: the tremendous opportunities to make a difference that Rotary has granted us, and an obligation to pull others up and to increase our ranks. Our second P is for perseverance, helping us stick to our goals, like polio eradication, when the going gets

tough. L stands for leadership, and E for enthusiasm — the fuel of Rotary.

While we are revisiting our goals, we also need to remember the why. For me, this needs little explanation. Why wouldn't you help expectant mothers and their children survive and thrive by supporting a Rotary Foundation grant? And why wouldn't you initiate programs to help preserve the environment, our cherished home? The pandemic has only renewed my conviction that life is precious, and we must seize every opportunity to enhance the lives of others.

You are one of the PEOPLE on our TEAM. I encourage you this month to join other leaders who participate in Rotary's strong tradition of philanthropy by making a gift to The Rotary Foundation. It is the season of giving, and every gift counts. Please contribute any amount that feels right by 31 December, and your gift will keep on giving in 2022 and for years to come. There are many ways to give, as a club or an individual — why not set up a giving plan?

The Rotary Foundation offers us countless opportunities to help make a difference in the world. Let us never squander those opportunities, nor take our Foundation for granted.

Judy and I wish you the happiest of holidays.

JOHN F. GERN

Foundation trustee chair

GENERAL OFFICERS OF ROTARY INTERNATIONAL, 2021-22

PRESIDENT

Shekhar Mehta Calcutta-Mahanagar, India

PRESIDENT-ELECT

Jennifer E. Jones Windsor-Roseland, Ontario, Canada

VICE PRESIDENT

Valarie K. Wafer Collingwood-South Georgian Bay, Ontario, Canada

TREASURER

Virpi Honkala Raahe, Finland

DIRECTORS

Jessie Harman Wendouree Breakfast, Australia

Suzi (Susan C.) Howe Space Center (Houston), Texas, USA

Won-Pyo Kim Gyeongju South, Korea

Urs Klemm Aarau, Switzerland

Mahesh Kotbagi Pune Sports City, India

Aikaterini Kotsali-**Papadimitriou** Pendeli, Greece

Peter R. Kyle Capitol Hill (Washington, D.C.), District of Columbia, USA

Roger Lhors Pont-Audemer, France

Chi-Tien Liu Yangmei, Taiwan

Vicki Puliz Sparks, Nevada, USA

Nicki Scott North Cotswolds, England

Julio César A. Silva-Santisteban El Rímac, Peru

Katsuhiko Tatsuno Tokyo-West, Japan

Elizabeth Usovicz Kansas City-Plaza, Missouri, USA

Ananthanarayanan S. "Venky" Venkatesh Chennai Mambalam, India

GENERAL SECRETARY

John Hewko Kviv, Ukraine

TRUSTEES OF THE ROTARY FOUNDATION, 2021-22

CHAIR

John F. Germ Chattanooga, Tennessee, USA

CHAIR-ELECT

Ian H.S. Riseley Sandringham, Australia

VICE CHAIR

Sangkoo Yun Sae Hanyang, Korea

TRUSTEES

Jorge Aufranc Guatemala Sur, Guatemala

Marcelo Demétrio Haick Santos-Praia, Brazil

Per Høyen Aarup, Denmark

Hsiu-Ming Lin Taipei Tungteh, Taiwan

Larry A. Lunsford Kansas City-Plaza, Missouri, USA

Mark Daniel Maloney Decatur, Alabama, USA

Geeta K. Manek Muthaiga, Kenya

Aziz Memon Karachi, Pakistan

Akira Miki Himeji, Japan

Barry Rassin East Nassau, Bahamas

Dean Rohrs

Langley Central, British Columbia, Canada

Gulam A. Vahanvaty Bombay, India

GENERAL SECRETARY

John Hewko Kyiv, Ukraine



SERVICE ABOVE SELF

THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First The development of acquaintance as an opportunity for service;

Second High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

Third The application of the ideal of service in each Rotarian's personal, business, and community life;

Fourth The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

THE FOUR-WAY TEST

Of the things we think, say, or do:

- 1. Is it the truth?
- 2. Is it fair to all concerned?
- 3. Will it build goodwill and better friendships?
- 4. Will it be beneficial to all concerned?

ROTARIAN CODE OF CONDUCT

The following code of conduct has been adopted for the use of Rotarians: As a Rotarian, I will

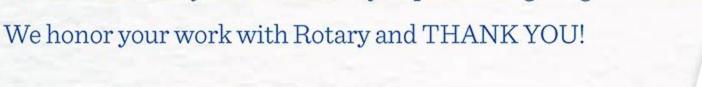
- 1. Act with integrity and high ethical standards in my personal and professional life
- 2. Deal fairly with others and treat them and their occupations with respect
- 3. Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
- 4. Avoid behavior that reflects adversely on Rotary or other Rotarians
- 5. Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.



The Rotary Foundation would like to THANK YOU

Thank you for your generous support of The Rotary Foundation Endowment. Your simple act of sacrifice provides children access to clean drinking water, young girls the opportunity to attend school, communities the ability to invest in vital economic development, and our children and grandchildren hope for a healthier planet.

We see the work you do and how you prioritize giving to others.





Visit rotary.org/legacy, email plannedgiving@rotary.org, or call +1-847-866-3100 to further strengthen your commitment to changing lives.







December 2021 Events



CALENDAR

December events



TWINKLE TWINKLE

Event:

Festival of Lights

Host:

Rotary Club of Aurora, Illinois

What it benefits:

Local and international organizations

What it is:

For most of December, the road through Phillips Park will be illuminated with thousands of dazzling lights, arranged in festive holiday tableaus. Plan ahead: You must reserve a time slot in advance to drive through the park. The event is free to all; funds generated through sponsorships or in-kind donations will go back to the community after costs are covered.



RAISE A GLASS

Event:

Brewfest

Host:

Rotary Club of Sebastian, Florida

What it benefits:

Local projects, such as improvements to a community park

What it is:

This inaugural Brewfest will take place on the weekend of the town's Christmas parade and tree lighting. Tickets include unlimited beer tasting, and there will also be pints of limited-edition craft brews available for purchase.



PANCAKES WITH THE BIG GUY

Event:

Breakfast with Santa

Host:

Rotary Club of Chanhassen, Minnesota

What it benefits:

Student scholarships and local projects

What it is:

This annual breakfast features pancakes, a photo op with Santa and his reindeer, an online photo contest, and the chance to win a fully decorated Christmas tree. The event will be held as scheduled — if required by local health guidelines, it will be converted from an in-person to a drive-through event. Advance registration is required.

READY, SET, HO HO HO!

Event:

5K Santa Run

Host:

Rotary Club of Paw Paw Area, Michigan

What it benefits:

Local projects and The Rotary Foundation

What it is:

Anyone can join in this untimed family fun run. Show up early for the pre-race party atmosphere, with runners donning Santa suits, enjoying live music, and noshing on provided snacks. In the names of the top finishers, the club will make a donation to the Foundation, directed toward the water, sanitation, and hygiene area of focus.



2022, WHAT WILL YOU DO?

Event:

New Year's Eve Party in the Park

Rotary Club of Fiordland, New Zealand

What it benefits:

Local projects

What it is:

Ring in the new year with a familyfriendly celebration held outdoors. A band or a DJ will kick off the night around 9 p.m.; a bonfire will keep everyone at the park nice and toasty. Food will be available, and fireworks will celebrate the start of 2022.





DIVERSITY STRENGTHENS OUR CLUBS



New members from different groups in our communities bring fresh perspectives and ideas to our clubs and expand Rotary's presence. Invite prospective members from all backgrounds to experience Rotary.





REFER A NEW MEMBER

my.rotary.org/member-center











#Colorsfor2ndChance: Part II November 26,2021

Supports Operation Second Chance through a noble project Colors for Second Chance that aims to rehabilitate the child at risk (term used for minor offenders) through basic literacy that they could study while they are in house or color the walls to create an environment of hope.

The Cebu City "Operation Second Chance" Center is a center for minors who are in conflict with the law. They stay in that place for a matter of months depending on the crime that they have committed.

#SECONDCHANCE was built by the government exclusively for this purpose; to keep these young people from doing crimes on the streets and to show them the value of life and how they should live life accordingly.

Thank you to our very supportive sponsor

#TreasureIslandIndustrialCorporation





PRISM FOR AUTISM with Paril Elementary School and Basak Nicolas Community School

This project is geared towards creating awareness and better understanding of Autism spectrum disorder (ASD) as a developmental disability through posters conspicuously placed in schools.

#RotaryDistrict3860 #Autismawareness, acceptance, and appreciation, they fearlessly lead the way in embracing, respecting, and supporting children with ASD. Improving awareness and empathy is about creating greater acceptance of children or adults with Autism.







#RotaryClubCebuFuente #RotaractClubCebuFuente **#UVChapter join hands to come up with Project SAKA. RCCF in** partnership with RACCF UV Chapter supports this wonderful idea conceptualized by RACCF on craft painting of bottles to help beautify the environment.

Rotaract clubs bring together people ages 18 and older to exchange ideas with leaders in the community, develop leadership and professional skills, and have fun through service. In communities worldwide, Rotary and Rotaract members work side by side to take action through service. Thank you to our very supportive sponsor Treasure Island Industrial Corporation (TIIC) bringing your vision to life!







Reams for your Dreams: Rewind with Paril Elementary School and REACH Center Cebu last November 26, 2021 The Rotary Club of Cebu Fuente supports modular distance learning through the project #REAMSforYourDREAMS Rewind 2021- donation of reams of bond paper, education interventions that will enable students to continue learning and teachers to deliver instruction through modules.

RECAP RECALL: One of the sectors most shaken by the Covid-19 pandemic is education, affecting the lives of students in the country since March 2020. Schools have closed and face-to-face classes have been suspended in an attempt to stem the spread of Covid19.

Disrupted face to face learning has paved its way to Modular Learning. hence, it gave birth to this project last 2020 and carried over this year.





Health News

1 in 10 babies around the world are born preterm - before 37 weeks of pregnancy. Holding a preterm baby skin-to-skin and exclusive breastfeeding meets their needs for:

Warmth, Nutrition, Stimulation, Safety, Love and Helps them Develop

KANGAROO MOTHER CARE - SKIN TO SKIN CONTACT AND EXCLUSIVE BREASTFEEDING -**INCREASES SURVIVAL OF BABIES BORN EARLY OR** SMALL, AND HELPS THEM **GROW AND DEVELOP.**





Register and pay in full today at convention.rotary.org for a special rate of \$475.*

*This price is good until 15 December.

#Rotary22





Rotary Info

FOUR QUESTIONS

Women and polio

Why it's important to consider gender at all levels of eradication work



Heather Monnet External relations

officer and gender focal point for polio eradication, World Health Organization

How do issues surrounding gender create barriers to polio eradication?

Our ultimate objective is to reach every last child with a polio vaccine. The role of the mother and father in reaching those children is very important, and we must understand the dynamics between them in order to achieve our goal. For example, a mother may want to have her child vaccinated, but that would require her to spend a day walking to a health center or market — and she might not be able to do that unless she gets permission from her husband. Or if her child falls ill and experiences paralysis in the arm or leg, the mother might have to seek permission from her husband to take the child to the health center. There could be a delay of several days that would affect our ability to take stool samples and determine whether that child has polio or not.

Do more boys than girls receive vaccines? On a global level, there is very little discrepancy between reaching boys and girls. You also see a more or less equal distribution of cases of polio between boys and girls. But the global statistics can mask disparities at the local level. We know that we have communities that are not being reached; we need to understand why we're not reaching them. Gender plays a huge role in both supply of and demand for immunization. Who is providing the immunization - a man or a woman? Who is the decision-maker - mom or dad? And how do the immunizer and the decision-maker work together?

What are the key points in the gender strategy you helped develop for the Global Polio Eradication Initiative (GPEI)?

The polio program has typically engaged women as frontline health workers because in some cultures, mothers are more likely to open the door to a female vaccinator. But women should not just be part of the delivery of the program. They should also be part of its design; they should be supervisors and team leads,

and hold positions at the district level to make sure we are meeting the needs of communities. We also need to understand why we have trouble retaining female vaccinators. We want them to keep working with us.

We must look at our data in a way that allows us to understand the program better and to see where there may be gaps. Collecting and analyzing sex-disaggregated data will help us to understand if gender-related barriers are preventing us from reaching zero-dose children — children who have not received any vaccines - and to refine the way we plan campaigns in those countries.

The GPEI's new strategy places a huge focus on community engagement. We're looking at the supply and demand sides in communities. How do we create a demand that ensures that parents want to take their children to be immunized? We need to make sure that the offered immunization services are acceptable to parents.

Besides gender, are there strategies that focus on other types of diversity?

We're also looking at engaging people with disabilities. And gender also covers economic status: A lot of gender disparities are much more pronounced at different economic levels as well as in different ethnic and age groups. For example, the decision-making power of women in developing countries who are not educated is more limited, which will impact their ability to make health care decisions for the family. All of those things interact.

In the last mile of eradication, we need to leave no stone unturned to understand which children we are missing and why. Looking at gender is one more way to make sure that we're reaching all children. Fathers have just as much of a role to play as mothers. How do we overcome barriers, so that men are engaged in the decision-making process and so that they allow their children to be immunized?

Rotary is so well-positioned to be a lead on gender. It isn't a women's issue — it's everybody's issue.

Learn more at polioeradication .org/gender.





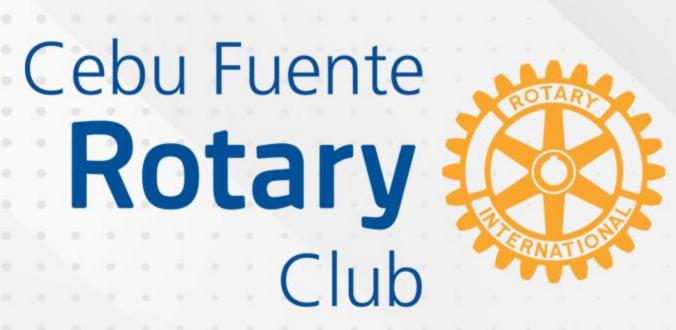
ROTARY RESPONDS

Visit Rotary's COVID-19 resource center to help your club take action in support of COVID-19 vaccination and prevention

rotary.org/covid19









100% PAUL HARRIS CLUB in Rotary International District 3860 for RY 2016 - 2017





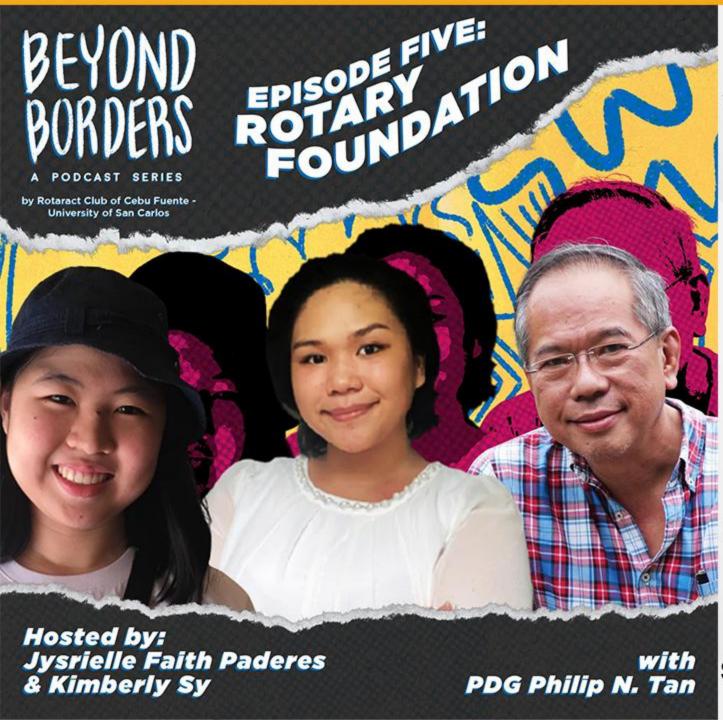


www.rccebufuente.org info@rccebufuente.org





Rotaract Corner



by Rotaract Club of Cebu Fuente

EPISODE FIVE: Rotary Foundation



0:34 **Current News** 1:51 **Events and Updates** of RACCF-USC Tinig Ng Pasko 4:40 6:26 **Rotary Foundation** Trivia Time 39:19 39:57 **November Birthday** Celebrants 40:36 **December Events**

> LISTEN ON Spotify NouTube

Sometimes we question why we do things and why it is worth fighting. Giving too much of ourselves to the community can get exhausting. But seeing the smiles of the people we've reached makes it all worth it. Join us in this month's episode of Beyong Borders: The Rotary Foundation as we reflect on how we shared our gifts to the world. Let's remind ourselves of who we are, what we do, and why we do it.

Listen to us here: Spotify

https://open.spotify.com/episode/6isbU7DC9ac7q-

Jw0ux-

10i7?dl branch=1&si=eK33

V47_SpeyTBIpyLC0hg&nd=

Youtube

https://youtu.be/e-7-PnbQm-

<u>JS</u>

Invite someone to become a



Rotarian today.

Join Rotary Club of Cebu Fuente









Spread the Word!